



# MENU

Step into our vibrant Green Room Bar & Restaurant, where music sets the tone and good vibes are always on the menu! We're thrilled to offer you a fantastic dining experience that's bursting with personality and soul.

☎ 094 90 23111 / Open: 8am - Late

TF Royal Hotel & Theatre, Castlebar

MON – FRI

# BREAKFAST

SERVED 8AM – 12PM / MON – FRI

**Full Irish Breakfast ..... €13.50**

2 bacon, 2 sausages, 1 egg, 1 black & 1 white pudding, 1 tomato, 1 hash brown, beans & toast with cup of tea or filter coffee (1, 5, 10, 12)

**Mini Breakfast with Toast ..... €10**

Egg, bacon, sausage, black pudding, tomato, and beans with cup of tea or filter coffee (1, 5, 10, 12)

**Vegetarian Breakfast ..... €11**

1 tomato, 1 egg, 1 hash brown, 2 halloumi fritters, mushrooms, beans & toast with cup of tea or filter coffee (1, 5, 12)

**Crushed Avocado Sourdough and Feta Cheese ..... €9**

With toasted sourdough, crushed coriander and lime avocado, feta cheese and pickled chillies (1, 5, 10)

- With poached eggs [€3]

**Porridge (5) ..... €5**

- With maple syrup [€5.50]

- With berry compote [€5.50]

- With banana [€5.20]

**Scones Served with Cream, Jam & Butter (1, 5, 12) ..... €3**

- Plain

- With fruit [€3.50]

**Extra Toast ..... €3.50**

Choose two pieces of white, brown or soda bread served with butter and jam (1, 5)

SAT & SUN

# BRUNCH

SERVED 10AM – 2PM / SAT & SUN

**Fluffy Pancakes (1, 5, 12) ..... €6**

- With maple syrup [€7]

- With bacon and maple syrup [€8]

- With greek yogurt and berry compote [€7]

**French Toast ..... €8**

White or brown bread with cinnamon, bacon and maple syrup (1, 5, 12)

**Scrambled Eggs and Dunn's Smoked Salmon on Toast ..... €9.50**

Served on toasted sourdough with 2 scrambled eggs and smoked salmon (1, 4, 5, 12)

**Eggs Benedict ..... €8.50**

Served on toasted sourdough with Rafferty's honey baked ham, 2 poached eggs and warm hollandaise sauce (1, 5, 12)

**Eggs Royal ..... €9**

Served on toasted sourdough with Dunn's smoked salmon, 2 poached eggs and warm hollandaise sauce (1, 4, 5, 12)

**Full Irish Breakfast ..... €13.50**

2 bacon, 2 sausages, 1 egg, 1 black & 1 white pudding, 1 tomato, 1 hash brown, beans & toast (1, 5, 10, 12)

**Mini Breakfast with Toast ..... €10**

Egg, bacon, sausage, black pudding, tomato, and beans with cup of tea or filter coffee (1, 5, 10, 12)

**Vegetarian Breakfast ..... €11**

1 tomato, 1 egg, 1 hash brown, 2 halloumi fritters, mushrooms, beans and toast (1, 5, 12)

**Crushed Avocado Sourdough and Feta Cheese ..... €9**

With toasted sourdough, crushed coriander & lime avocado, feta cheese and pickled chillies (1, 5, 10)

- Add poached eggs [€3]

**Porridge (5) ..... €5**

- With maple syrup [€5.50]

- With berry compote [€5.50]

- With banana [€5.20]

**Scones Served with Cream, Jam & Butter (1, 5, 12) ..... €3**

- Plain

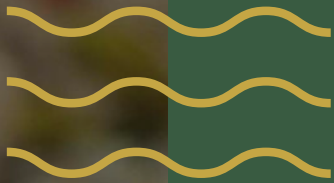
- With fruit [€3.50]

**Extra Toast ..... €3.50**

Choose two pieces of white, brown or soda bread served with butter and jam (1, 5)







# LUNCH MENU

SERVED DAILY 12PM - 4PM

- Soup of the Day** ..... €6  
Served with homemade brown soda bread (1, 5, 9)
- Roast of the Day** ..... €16.50  
Served with seasonal vegetables, mash and gravy. Please ask your server for details (1, 7, 12)
- Marinated Halloumi Wrap** ..... €12  
With roast peppers, garlic mayo and mixed leaves served with chunky chips (1, 5, 10, 11, 12)
- Chicken Goujon Wrap** ..... €13  
With onions, tomato, mixed leaves and sweet chilli served with chunky chips (1, 5, 10, 11, 12)
- Toasted Special** ..... €11  
Cheddar cheese, honey roasted ham, onions and tomato served with chunky chips (1, 5, 10, 11, 12)
- Toasted BLT** ..... €11  
Bacon, lettuce, tomato and mayo, served with chunky chips (1, 5, 10, 11, 12)
- Soup + Sandwich Combo** ..... €15  
Any sandwich or wrap with a soup of the day



# FULL MENU

SERVED DAILY / 12 - LATE

## STARTERS

- Soup of the Day** ..... €6  
Served with homemade brown soda bread (1, 5, 9)
- Smoked Haddock & Salmon Fish Cakes** ..... €8  
Served with dressed salad, roast garlic aioli (1, 4, 5, 10, 11, 12)
- Smoked Mackerel Pâté** ..... €9  
Served on sourdough bread with homemade smoked mackerel pâté (1, 4, 5, 11, 12)
- Pil Pil Garlic Prawns** ..... €8  
Served with toasted sourdough (1, 4)
- Halloumi Fritters** ..... €8.50  
Served with dressed salad & sriracha mayo (1, 5, 10, 11, 12)



## SHARING PLATES

- Twice Cooked Chicken Wings** ..... €16  
Coated in a hot sauce or BBQ sauce, sesame seeds, dressed salad & roasted garlic blue cheese dip (10, 11, 12)  
- Portion for one person [€8]
- Homemade Nachos** ..... €9.50  
Pico de gallo, homemade guacamole, sour cream on a bed of homemade nachos (1, 5)  
- Add chilli beef [€4]  
- Add BBQ pulled pork [€4]
- Freshly Baked Garlic Flatbread** ..... €9  
With rocket and parmesan with balsamic glaze (1, 5)



## SALADS

- Classic Caesar Salad** ..... €7  
Herb croutons, anchovies, crispy bacon, shaved reggiano parmigiano & dressing (1, 4, 5, 11, 12)  
- Add chicken [€4]  
- Add halloumi fritters [€4]  
- Add garlic prawns [€5]  
- Have as a main [€11]
- Crispy Duck Salad** ..... €10  
Carrot and cucumber shavings with mixed salad, red onions & hoisin sauce (1, 6, 13)  
- Have as a main [€16]

## PIZZA

Pizza size served as 12"

- Margherita** ..... €14.50  
Classic margherita made with our house tomato sauce and buffalo mozzarella, finished with basil infused extra virgin olive oil (1, 5, 6)
- The Pepperoni** ..... €16  
Classic margherita topped with Italian pepperoni and grated mozzarella (1, 5, 6)
- The Hawaiian** ..... €16  
Classic margherita topped with Irish ham, pineapple and grated mozzarella (1, 5, 6)
- The Mayo Chicken** ..... €17  
Diced chicken breast, garlic mayo, jalapeños and grated mozzarella (1, 5, 6, 11, 12)
- The Mediterranean Veggie** ..... €16  
Roasted mixed peppers, onions, pickled chillies, black olives, mushrooms and grated mozzarella (1, 5, 6)





# MAINS

SERVED DAILY / 12 - LATE

## Gluten Free Fish & Chips ..... €18.50

Crispy battered, locally sourced wild Atlantic fish, served with dressed salad, fresh lemon, tartare sauce & chunky chips (4, 10, 11, 12)

## Pan-Fried Salmon ..... €19.50

Served with mash, roasted mediterranean vegetables, fresh lemon & white wine dill cream sauce (4, 5, 10)

## Korean Fried Chicken ..... €17

Succulent chicken thighs coated with sweet and spicy Korean style sauce, sesame seeds and fresh chilli, served with coleslaw and turmeric infused rice (1, 6, 11, 12, 13)

## Chargilled 10oz Sirloin Hereford Steak ..... €29

Served with dressed salad, chunky chips, caramelised onions, grilled mushrooms and peppercorn sauce (5)

## Linguine ..... €14.50

Tossed in a white wine and garlic cream sauce with roasted mediterranean vegetables, reggiano parmigiano, scallions and fresh chilli (1, 5, 9, 10)

- Add chicken [€4] - Add prawns [€5]

## Mild Red Thai Curry ..... €14.50

Steamed basmati rice, mushrooms, mixed peppers, carrots, onions & courgette (6, VG, GF)

- Add chicken [€4] - Add prawns [€5]

## Green Room Steak Sandwich ..... €18.50

Chargrilled 6oz Hereford sirloin steak served on toasted ciabatta with dijon mayo, caramelised onions, mixed leaves, coleslaw & chunky chips (1, 11, 12).

- Go big and add a 10oz steak [€29.50]

## Bacon & Cheese Beef Burger ..... €18

Cheddar, bacon, lettuce, tomato, onions, gherkin, homemade tomato relish in a brioche bun served with salad & chunky chips (1, 5, 10, 11, 12)

## Pulled Pork & Cheddar Beef Burger..... €18.50

Beef patty topped with bbq pulled pork, cheddar, tomato, onion, gherkin, homemade tomato relish in a brioche bun served with salad & chunky chips (1, 5, 10, 11, 12)

## Crispy Buttermilk Chicken Burger..... €17

Brioche bun, roast garlic mayo, lettuce, tomato, onion served with salad & chunky chips (1, 5, 10, 11, 12)

## Grilled Halloumi Burger ..... €15.50

Brioche bun, marinated halloumi, roast pepper, mushroom, lettuce and roast garlic mayo served with salad & chunky chips (1, 5, 10, 11, 12)

## Homemade Traditional Steak, Mushroom & Guinness Pie ..... €17

Tasty chunks of beef, carrots, mushrooms, onions and celery with a puff pastry top, served with mash & buttered greens (1, 4, 5, 9, 10, 12)

## SIDES

### Chips ..... €4.50

### Parmesan & Rosemary Fries (5) ..... €5

### BBQ Pulled Pork & Cheddar Fries (5, 11) ..... €6.70

### Cheddar & Garlic Mayo Fries (5, 11, 12) ..... €6.20

### Mash (5) ..... €4

### Seasonal Garden Salad (10, 11) ..... €4

### Grilled Mushrooms (5) ..... €4

### Vegetables (5) ..... €4

## DESSERTS

### Warm Apple Crumble ..... €8

Served with crème anglaise & whipped cream  
(1, 5, 12)

### House Chocolate & Almond Brownie ..... €8

Served with chocolate sauce & vanilla ice  
cream (1, 5, 6, 7, 12)

### Sticky Toffee Pudding ..... €8

Served with butterscotch sauce & vanilla ice  
cream (1, 5, 12)

### Cheesecake of the Day ..... €8

Served with whipped cream and mixed fruit  
coulis (GF, 5, 8, 12)

### Affogato ..... €4.50

Espresso coffee shot with vanilla bean ice  
cream (5)

### Selection of Ice Cream (5) ..... €6

### Selection of Sorbet (V) ..... €6



## KIDS MENU

### Mini Pub Style Fish & Chips ..... €8

Served with tartare sauce (4, 11, 12)

### Beef Burger ..... €8

Served on a brioche bun with chips (1, 5, 12)

### Sausage & Chips (1, 10) ..... €8

### Crispy Chicken Tenders ..... €8

Served with chips (1)

### Linguine Pasta ..... €7

Linguine tossed in homemade passata with  
parmesan (1, 5)

### House Chocolate Brownie ..... €4.50

Served with chocolate sauce & vanilla ice  
cream (1, 5, 6, 7, 12)

### Selection of Ice Cream (5) ..... €4.50



## ALLERGENS

GF = Gluten Free, V = Vegetarian

VG = Vegan, DF = Dairy Free, EF = Egg Free

- |                 |                  |
|-----------------|------------------|
| 1. Wheat        | 8. Peanuts       |
| 2. Crustaceans  | 9. Celery        |
| 3. Molluscs     | 10. Sulphites    |
| 4. Fish         | 11. Mustard      |
| 5. Milk / Dairy | 12. Eggs         |
| 6. Soybeans     | 13. Sesame Seeds |
| 7. Nuts         | 14. Lupin        |

# WINE MENU

## RED



**Villa Dei Fiori Montepulciano D'Abruzzo** ..... €7 / 26

Ripe, rounded, slightly rustic Italian red combining spicy black olives with morello cherry notes and a refreshing acidity 🇮🇹

**La Serre Merlot** ..... €7 / 27

Young, juicy, and full of soft easy-going plum and blackberry fruit. Smooth and textured on the finish 🇫🇷

**El Oscuro Malbec** ..... €8 / 29

Pure, juicy flavours of plum and blackberry, with a hint of chocolate and vanilla from the oak ageing. It has a long, lingering and elegant finish 🇺🇾

**Little Eden Pinot Noir** ..... €8 / 29

Aromas and flavours of cherries, strawberries, and cocoa. It is a rich, complex and medium-bodied wine with a soft and elegant finish 🇫🇷

**Chateau Du Trignon Cotes Du Rhone** ..... €38

Aromas and flavours of strawberries, and redcurrants. Smooth and well-balanced on the palate. A soft, fruity wine with lingering flavours on the finish 🇫🇷

**Domaine Du Vieux Lazaret, Chateauneuf Du Pape** ..... €69

Deep crimson, ripe dark fruit, turning to spices. Smooth and persistent with aromatic fullness 🇫🇷

## SPARKLING

**Bottega Zero Alcohol** ..... €6.50 / 25

A non-alcoholic sparkling alternative from Vento in northern Italy. It's pure, fresh and fruit-forward 🇮🇹

**Bottega Frizzante** ..... €30

Fruity and delicate floral aromas with a harmonious blend of acidity and softness. Fresh and delicately balanced with flavours of apples and pears 🇮🇹

**Maschio Dei Cavalieri Prosecco Frizzante Snipes** ..... €10

Crisp, clean and refreshing. It is well balanced with a lovely, fruity nose of pears, apples, and white peaches 🇮🇹

## WHITE



**Villa Dei Fiori Pecorino Terre Di Chieti IGT** ..... €7 / 26

Fresh citrus fruit aromas and flavours, blended with delicate notes of orange blossom. Medium-bodied with a refreshing finish 🇮🇹

**Les Nuages Sauvignon Blanc** ..... €7 / 28

Lively Loire Sauvignon Blanc wine with classic citrus lemon and lime fruit on the nose and palate. Crisp and dry with refreshing acidity on the finish 🇫🇷

**La Serre Chardonnay** ..... €8 / 29

Toasty spice, lemons, and crisp green apples. Soft and smooth with vanilla enriching the peach and apple fruit. The finish is bright and refreshing 🇫🇷

**Conto Vecchio Pinot Grigio** ..... €7 / 28.50

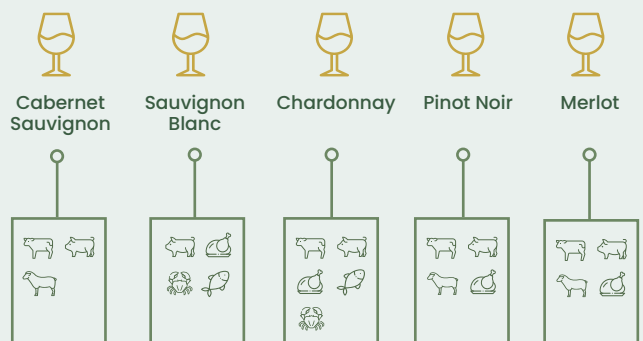
An inviting nose of fruits with delicate floral notes. Dry and crisp on the palate with an elegant, light body 🇮🇹

**Domaine Clos Paradis Sancerre** ..... €55

Soft and aromatic with great flavours of grapefruit, pear, honey and a touch of minerality. A soft and balanced wine with great pureness 🇫🇷



## FIND YOUR PERFECT MATCH







# ORGANISING A PARTY?

The Green Room Bar & Restaurant is the perfect venue for hosting birthday parties, family outings, special occasions and gatherings of all sizes.

Call **094 90 23111** today, and let us turn your event into an extraordinary experience.

